Course Name	–	**ADVANCED TRAINING IN SPIRITUAL COUNSELLING (CN 040)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/hr/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
04001 – SPIRITUALITY	Introduces core concepts of spirituality and its role in human life.
04002 –SPIRITUALITY & PSYCHOLOGICAL THEORIES	Explores links between spirituality and major psychological perspectives.
04003 – SPIRITUAL HEALTH AND ABUNDANCE	Focuses on nurturing spiritual wellbeing for a balanced and abundant life.
04004 – SPIRITUALITY AND EMOTIONAL INTELLIGENCE	Examines how spirituality strengthens emotional awareness and resilience.
04005 – SPIRITUALLY INTEGRATED PSYCHOTHERAPIES	Covers therapeutic approaches that integrate spiritual practices.
04006 – SPIRITUAL INTELLIGENCE	Highlights the development and application of spiritual intelligence in daily living.
04007 – MEDITATION	Teaches meditation practices for healing, clarity, and inner peace.
04008 – MOTIVATIONAL INTERVIEWING SKILLS	Applies motivational interviewing within a spiritually oriented framework.
04009 – UNDERSTANDING HAPPINESS	Explores spiritual and psychological foundations of lasting happiness.
04010 – WELLNESS COUNSELLING	Introduces holistic counselling strategies for mental, physical, and spiritual wellness.
04011 – TRANSPERSONAL IN PSYCHOLOGY & COUNSELLING	Examines transpersonal psychology and its use in counselling practice.
04012 – SPIRITUAL COUNSELLING	Provides frameworks, skills, and techniques for spiritual counselling practice.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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