Course Name	–	**ADVANCED TRAINING IN CHILD AND ADOLESCENT COUNSELLING (CN 041)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/education)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
04101 – CHILD & ADOLESCENT DEVELOPMENT	Overview of developmental stages and their impact on behaviour and mental health.
04102 – CHILD COUNSELLING	Basics of counselling children using age-appropriate methods.
04103 – TEEN COUNSELLING	Strategies for addressing emotional and social challenges in teenagers.
04104 – CHILD & ADOLESCENT MENTAL HEALTH ISSUES	Introduction to common mental health concerns
04105 – UNDERSTANDING & IDENTIFYING MNH ISSUES	Recognizing early signs and risk factors of mental health issues.
04106 – CHILD & ADOLESCENT COUNSELLING PROCESS & TECHNIQUES	Step-by-step counselling approaches and practical techniques.
04107 – COPING SKILLS & BRAIN BASED STRATEGIES	Neuroscience-informed coping skills for stress and emotion regulation.
04108 – EMOTIONAL & BEHAVIOUR DISORDERS	Understanding and addressing common behavioural and emotional disorders.
04109 – INTERVIEWING AND ASSESSING CHILD & ADOLESCENT	Techniques for effective interviewing and assessment.
04110 – COUNSELLING KIDS (CASE APPROACH)	Case-based interventions tailored for young children.
04111 – COUNSELLING TWEENS (CASE APPROACH)	Practical counselling methods for pre-teens through case examples.
04112 – COUNSELLING TEENS (CASE APPROACH)	Case-based counselling strategies for adolescents' unique challenges.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹11,600	$280
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	₹24,600	$610

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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