Course Name	–	**ADVANCED TRAINING IN HEALTH AND WELLNESS TEACHING (CN 045)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/education)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
04501 – CHILD & ADOLESCENT MENTAL HEALTH	Introduction to mental health concepts and concerns in young learners.
04502 – CHILD & ADOLESCENT DEVELOPMENT	Covers growth patterns and developmental milestones impacting learning.
04503 – STUDENT GUIDANCE PROCESS & SKILLS	Techniques for providing effective academic and personal guidance.
04504 – CHILD & ADOLESCENT BEHAVIOUR AND MENTAL HEALTH ISSUES	Understanding behavioural challenges and common mental health problems in schools.
04505 – BASIC INTERVENTIONS AND TECHNIQUES	Simple, practical strategies to support students in need.
04506 – STUDENT EMPOWERMENT (KG – XII)	Methods to build confidence, resilience, and leadership across school years.
04507 – BULLYING MANAGEMENT	Approaches for identifying, preventing, and managing bullying in schools.
04508 – CHILD ABUSE MGT & SEX EDUCATION	Awareness, prevention, and education for child safety and healthy growth.
04509 – EMOTIONAL HEALTH & WELL- BEING AT SCHOOLS	Promoting emotional resilience and positive school environments.
04510 – ESSENTIAL STUDY SKILLS	Training students in time management, focus, and effective study techniques.
04511 – CAREER ASSESSMENT (INFORMAL)	Quick tools for guiding students toward suitable career paths.
04512 – LIFE SKILL ASSESSMENT AND EMPOWERMENT	Helping students develop essential life skills for success and well-being.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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