Course Name	–	**ADVANCED TRAINING IN INDUSTRIAL COUNSELLING & EMPOWERMENT**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based / **CN49**
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/hr/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
04901 – WORKPLACE MENTAL HEALTH ISSUES	Introduces common psychological challenges employees face at the workplace.
04902 – COUNSELLING SKILLS	Covers essential skills required for effective industrial counselling.
04903 – COACHING SKILLS	Focuses on developing coaching abilities to guide and support employees.
04904 – COUNSELLING TECHNIQUES	Provides practical approaches for workplace counselling interventions.
04905 – COACHING STRATEGIES AND TECHNIQUES	Explores structured methods to enhance performance and motivation.
04906 – COUNSELLING FOR WORK LIFE BALANCE	Helps employees manage stress and maintain a healthy work-life balance.
04907 – COUNSELLING FOR PERFORMANCE	Addresses strategies to improve productivity and workplace efficiency.
04908 – BULLYING & ABUSE	Equips counsellors to identify, address, and manage workplace harassment.
04909 – GROUP COUNSELLING & EMPOWERMENT	Applies group interventions to build resilience and collective support.
04910 – CONFLICT MANAGEMENT TRAINING	Teaches skills to resolve interpersonal and team conflicts effectively.
04911 – STRESS MANAGEMENT TRAINING	Provides techniques to manage and reduce workplace stress
04912 – SELF-EMPOWERMENT SUPPORT TRAINING	Guides employees in building confidence, self-awareness, and resilience.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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