Course Name	–	**ADVANCED TRAINING IN WORKPLACE COUNSELLING (CN 050)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/hr/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
05001 – WORKPLACE MENTAL HEALTH ISSUES	Explores common psychological concerns affecting employees in organizations.
05002 – COUNSELLING SKILLS	Builds core skills needed to counsel employees effectively.
05003 – COUNSELLING PROCESS	Covers structured steps involved in workplace counselling sessions.
05004 – WORKPLACE COUNSELLING MODALITY	Introduces models and approaches specific to workplace settings
05005 – COUNSELLING TECHNIQUES - I	Provides practical techniques for addressing employee challenges
05006 – COUNSELLING TECHNIQUES – II	Covers advanced counselling methods for workplace interventions.
05007 – GROUP COUNSELLING TECHNIQUES	Focuses on group approaches for employee support and empowerment.
05008 – COUNSELLING FOR WORK LIFE BALANCE	Helps employees achieve balance between professional and personal life
05009 – COUNSELLING FOR WORKPLACE BULLYING	Trains counsellors to identify, manage, and reduce workplace bullying.
05010 – COUNSELLING FOR ADDICTION	Addresses counselling approaches for substance and technology addictions.
05011 – COUNSELLING FOR PERFORMANCE	Explores strategies to boost workplace motivation and productivity
05012 – COUNSELLING FOR RELATIONSHIP AND FAMILY ISSUES	Helps employees manage personal issues affecting workplace wellbeing.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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