Course Name	–	**ADVANCED TRAINING IN FAMILY MARITAL AND COUPLE THERAPY (CN 064)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
06401 – FAMILY THERAPY	Foundations and approaches to strengthen family systems.
06402 – MARITAL THERAPY	Interventions to address challenges in marriage relationships.
06403 – COUPLE THERAPY	Therapeutic methods to improve couple communication and bonding.
06404 – FAMILY MARITAL COUPLE COUNSELLING STRATEGIES & TECHNIQUES 01	Core counselling strategies for families and couples
06405 – FAMILY MARITAL COUPLE COUNSELLING STRATEGIES & TECHNIQUES 02	Advanced counselling strategies for families and couples
06406 – TALK THERAPY - COUNSELLING THERAPIES	Talk-based therapeutic techniques for relationship counselling.
06407 – EXPRESSIVE COUNSELLING THERAPIES	Creative and expressive approaches to support families and couples.
06408 – FAMILY, MARITAL & COUPLE MENTAL HEALTH ISSUES	Understanding mental health challenges within family and couple dynamics.
06409 – CASE FORMULATION & TREATMENT PLANNING	Frameworks for assessment, goal setting, and therapy planning.
06410 – COUNSELLING FAMILIES	Practical approaches to resolve family conflicts and strengthen bonds.
06411 – COUNSELLING COUPLES	Techniques to help couples navigate conflicts and build trust.
06412 – RELATIONSHIP COUNSELLING	Holistic counselling skills for healthy relationships.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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