Course Name	–	**ADVANCED TRAINING IN ADDICTION COUNSELLING TECHNIQUES & STRATEGIES**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based/**CN66**
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
06601 – SCIENCE OF ADDICTION	Understanding the biology, psychology, and cycle of addiction
06602 – ADDICTIVE BEHAVIOURS	Exploring patterns and triggers behind different addictions.
06603 – CBT FOR ADDICTION	Applying cognitive-behavioural techniques to manage addictive thoughts and actions.
06604 – MINDFULNESS FOR ADDICTION	Using mindfulness practices to build self-awareness and control cravings.
06605 – TALK THERAPY TECHNIQUES	Verbal counselling strategies to support recovery.
06606 – EXPRESSIVE THERAPY TECHNIQUES	Creative interventions for emotional healing in addiction recovery.
06607 – COUNSELLING GAMBLERS	Therapeutic approaches for gambling addiction.
06608 – COUNSELLING GAME ADDICTION	Helping clients manage and overcome digital/game-related addictions.
06609 – DRUG ABUSE	Understanding substance abuse patterns, effects, and interventions.
06610 – INTERNET ADDICTION	Counselling strategies for excessive internet and online dependency.
06611 – COUNSELLING FAMILIES OF ADDICT	Supporting families in coping and contributing to recovery.
06612 – CASE WORK – ADDICTION COUNSELLING	Practical application of strategies through real-life casework.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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