Course Name	–	**ADVANCED TRAINING IN POSITIVE COACHING AND EMPOWERMENT(CN 079)**
Course Duration	–	12 months / 12 modules / 24 Credits / 24x7 Virtual Support / Assignment Based
Course Mode	–	Online/Downloadable & Reusable Materials /1:1 Sessions /Highly Interactive/Advanced
Course Structure	-	Interactive sessions /24x7 Virtual Support /Work Expertise Based/ Guide Assisted
Eligibility	-	10+2+3 Years or 15+2 Years (psychology/social work/human development/hr/training)
Interactive Sessions	–	1 interactive session/module - 24/7 Guide Email Support - 24/7 Advisor Call Support

MODULE NAME AND NUMBER	MODULE BRIEF
07901 – POSITIVE PSYCHOLOGY COACHING	Applies positive psychology principles to enhance personal and professional growth.
07902 – POSITIVE PSYCHOLOGY INTERVENTIONS - I	Introduces evidence-based strategies to boost wellbeing and resilience.
07903 – POSITIVE PSYCHOLOGY INTERVENTIONS - II	Explores advanced interventions for sustained happiness and motivation
07904 – POSITIVE PSYCHOLOGY TOOLS	Covers practical tools to build strengths and promote positive change
07905 – HEALTH AND WELLBEING TOOLS	Focuses on techniques to support mental, physical, and emotional wellness.
07906 – COACHING STRATEGIES AND TECHNIQUE	Teaches structured approaches to effective coaching practices.
07907 – MOTIVATIONAL INTERVIEWING	Trains skills to inspire behaviour change through guided conversations.
07908 – COGNITIVE BEHAVIOURAL COACHING	Applies CBT principles to overcome limiting beliefs and patterns.
07909 – SOLUTION FOCUSED TEAM COACHING	Develops methods to build team strengths and achieve collective goals.
07910 – LIFE COACHING	Guides individuals in goal setting, clarity, and personal empowerment.
07911 – COACHING FOR PERFORMANCE	Enhances productivity through performance-focused coaching models.
07912 – BUSINESS COACHING & MENTORING	Supports leadership, growth, and organizational success through mentoring.

COURSE FEE	INDIAN LEARNERS	LEARNERS FROM OTHER COUNTRIES
Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹11,600**	**$280**
1:1 Guide Orientation Sessions - Continuous Guide Email Support & 24/7 Student Advisor Call Support	**₹24,600**	**$610**

For Admissions - To Know about Course details and Commencement dates, Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.org

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